

# AMERICA WALKS

Making America a Great Place to Walk

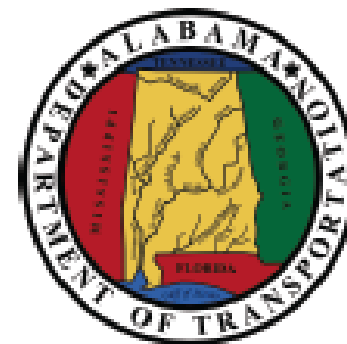
## Best Practices in Collaborating for Walkable Communities



Alabama State Collaborative Workshop  
Friday, June 16<sup>th</sup> in Montgomery, AL



# Local Planning Team



# Workshop Goals



1. Strengthen collaboration between ALDOT, ADPH, ADECA, and other partners



1. Develop a shared understanding of the benefits of walkable communities, especially for disadvantaged populations and people with disabilities



1. Learn about the funding process and hear from local mayors about their walkability initiatives



1. Provide feedback on the draft State Bicycle and Pedestrian Plan



1. Commit to a collaborative action plan, moving forward

# Workshop Agenda

9:00 am: Welcome and introductions

9:30 am: Presentation: *Best Practices in Collaborating for Walkable Communities*

10:00 am: Panel discussion with ALDOT, ADPH, and ADECA senior administrators

10:30 am: Break

10:45 am: Small discussion groups: *Asset-Mapping Exercise*

12:00 pm: Lunch (courtesy of AARP)

12:15 pm: Lunch session: *Alabama Local Leaders Panel*

1:00 pm: Walkability audits

2:00 pm: ALDOT presentation: *Draft State Bicycle and Pedestrian Plan*

2:15 pm: Small discussion groups: *Strategic Planning Activity*

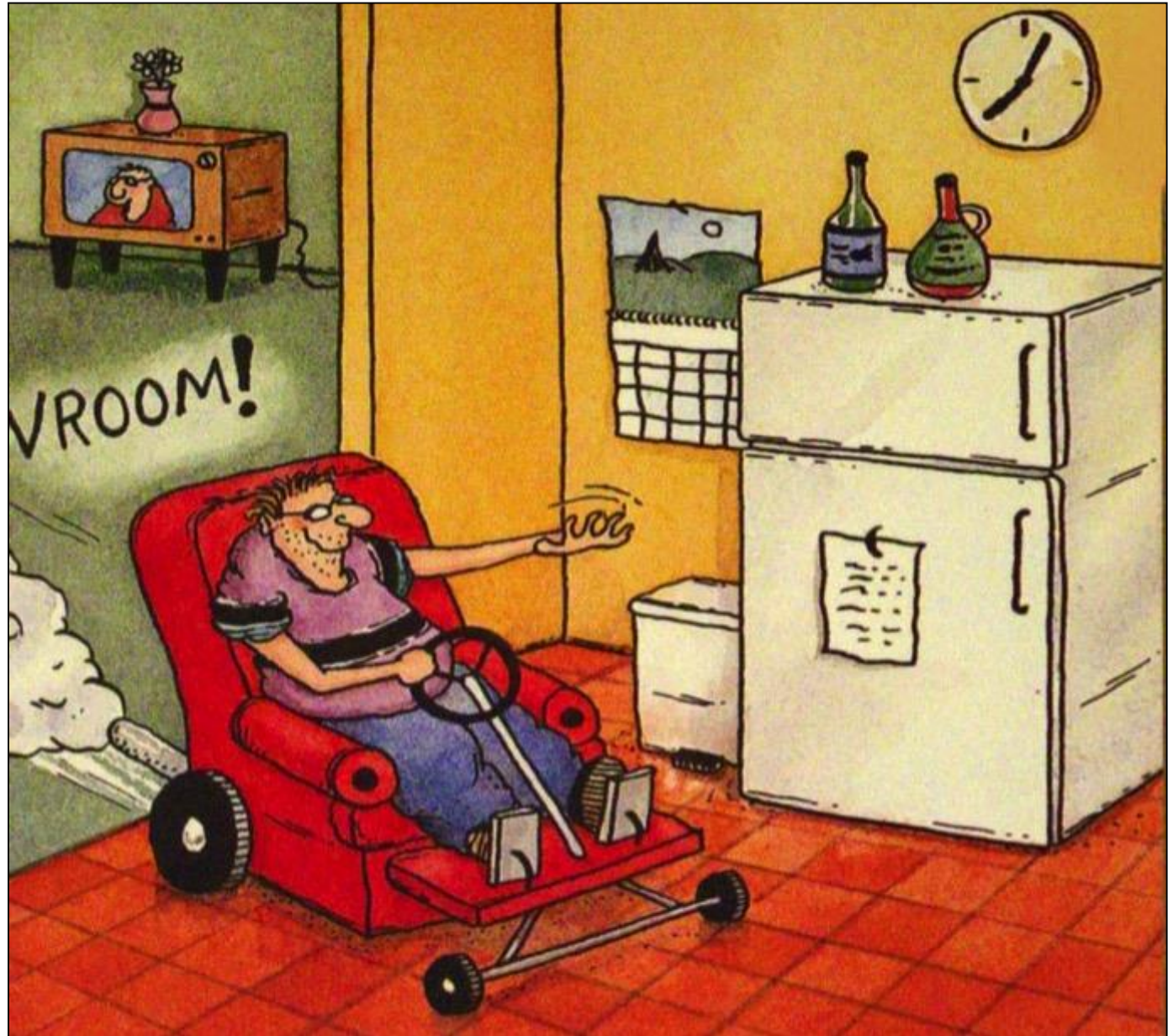
3:30 pm: Commitments for next steps

4:00 pm: Close

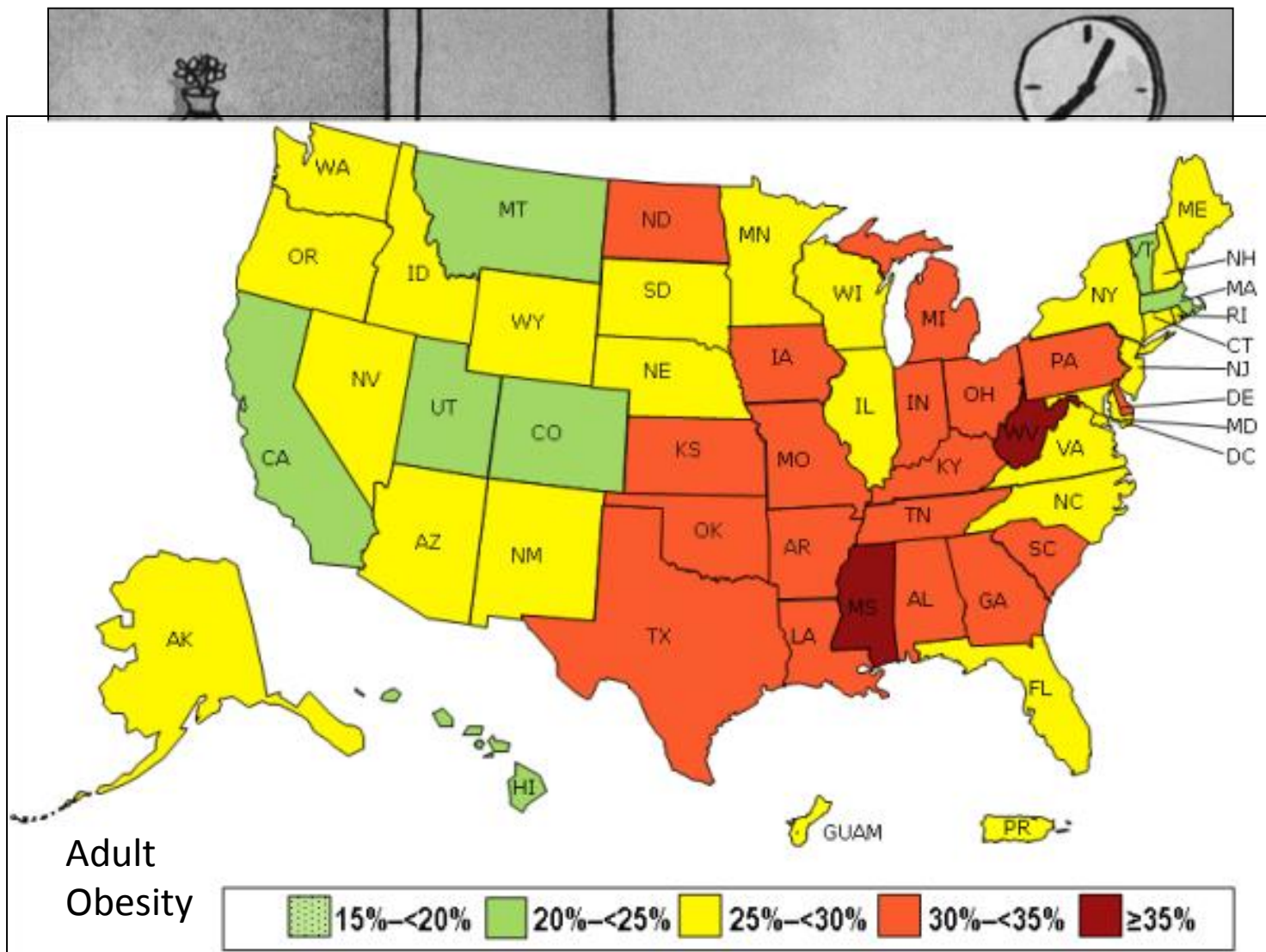




# Problem #1: Sedentary Lifestyles



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# Problem #2: Generational Car Culture

In 1969,  
50% of American children  
walked to school



In 2006,  
just 15% walked to school



# Problem #2: Generational Car Culture



In 1969,

50%  
w

U.S. children  
who bike or  
walk to school  
50%

U.S. children  
(6-11) who  
are overweight  
or obese  
8%

100%

80%

60%

40%

20%

1970

1980

1990

2000

2006

30%

15%

In 2006,  
just 15% walked to school

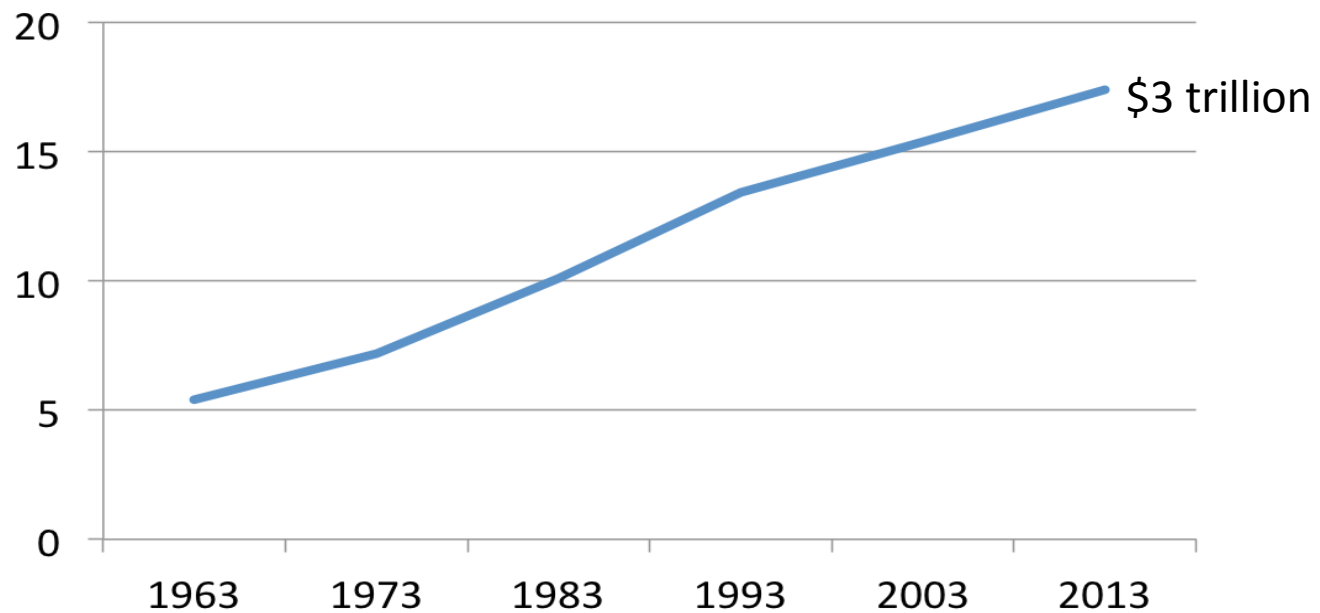


# Problem #3: Health Care Costs



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**National Health Care Expenditures as a Percentage of GDP**

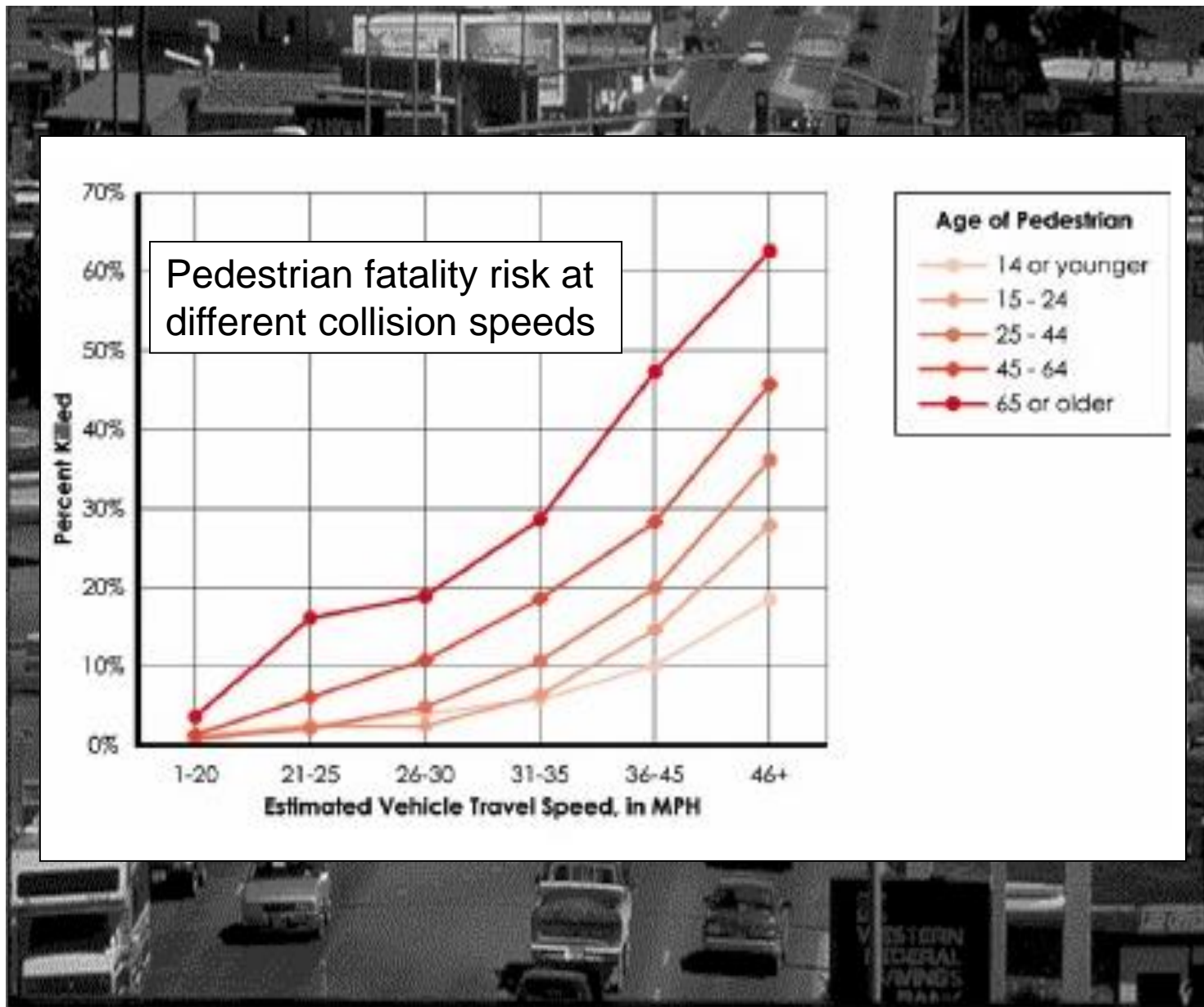


# Problem #4: Unsafe Streets





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# Surgeon General's Call to Action on Walking and Walkable Communities

8<sup>th</sup> September, 2015

**Goal 1.** Make Walking a National Priority

**Goal 2.** Design Communities that Make It Safe and Easy to Walk for People of All Ages and Abilities

**Goal 3.** Promote Programs and Policies to Support Walking Where People Live, Learn, Work, and Play

**Goal 4.** Provide Information to Encourage Walking and Improve Walkability

**Goal 5.** Fill Surveillance, Research, and Evaluation Gaps Related to Walking and Walkability



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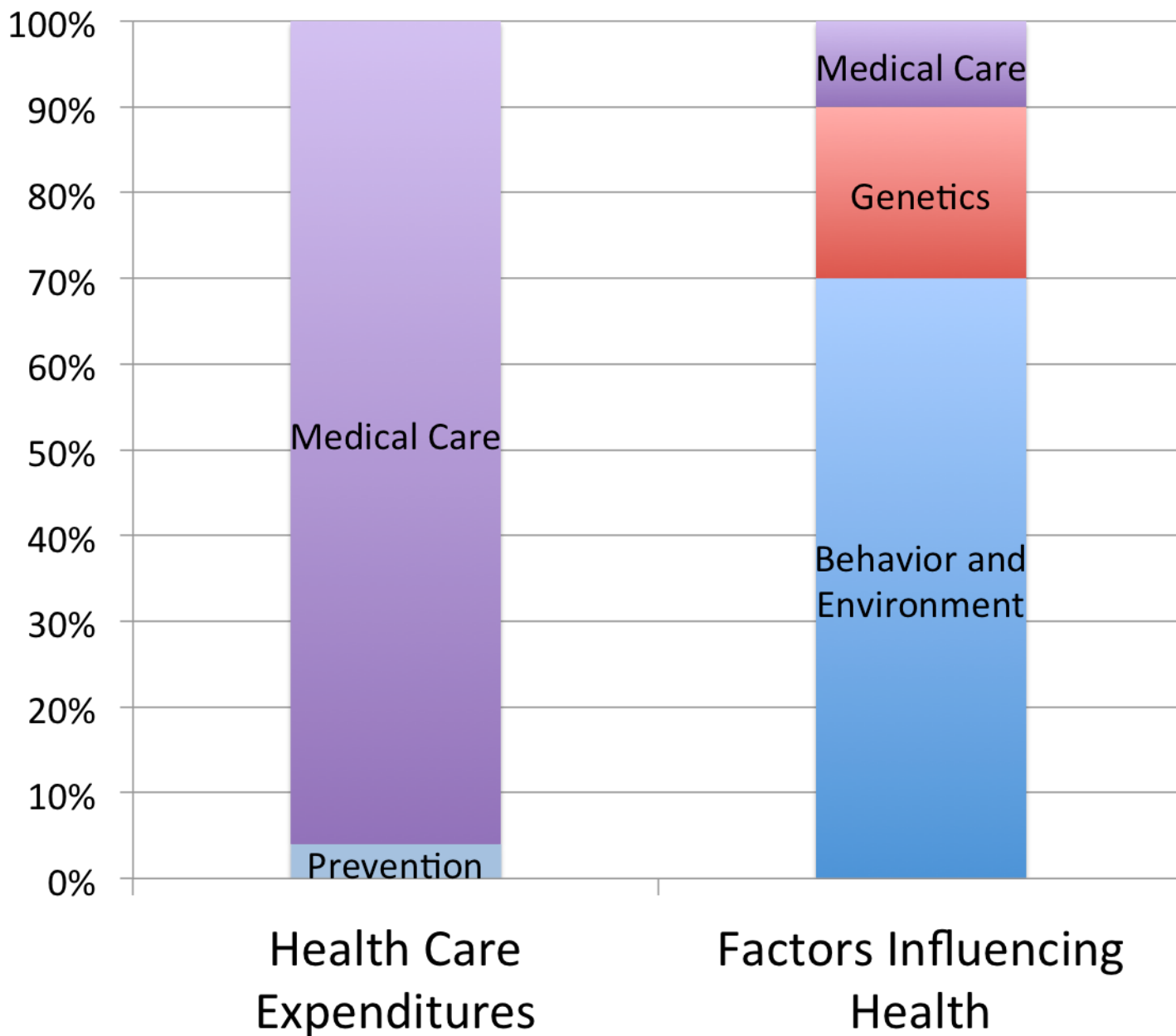
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# National Health Care Expenditures





# Behavior and Environment

“It is unreasonable to expect people to change their *behavior* ... when so many forces in the *environment* conspire against such change”

Institute of Medicine

# A Problem for Public Health

“How can we change the  
*built environment* ...

so the *healthy choice*  
is the *easy choice*?”





# How are Health and Transportation Collaborating in Other States?

**Oregon:** Memorandum of Understanding

**Massachusetts:** Healthy Transportation Compact and Healthy Transportation Policy Directive

**North Carolina:** Statewide Bicycle and Pedestrian Plan

**Arkansas:** Communities Leading the Way

**Kentucky:** Pedestrian Planning Assistance to Communities

**Montana:** Framework of Aligning Principles

**Minnesota:** Interagency Agreement and Statewide Pedestrian Plan





# Montana:

## *Collaborative Framework Of Aligning Principles*

1. Safety
2. Mobility and Access
3. Economic Vitality
4. Quality of Life
5. Health and Environment
6. Equity



### **Partners:**

Montana Dept. of Public Health and Human Services  
Montana Department of Transportation  
Montana Department of Commerce  
Bike Walk Montana

# Minnesota: *Interagency Agreement*





# Panel Discussion



- Don Arkle, Chief Engineer (representing John Cooper, Director), Alabama Department of Transportation
- Dr. Thomas Miller, State Health Officer, Alabama Department of Public Health
- Kenneth Boswell, Director, Alabama Department of Economic and Community Affairs



# Small Discussion Groups:

## *Asset-Mapping Exercise*



1. Why is walkability important to my organization?
1. What desired outcomes or organizational goals do we have in this area?
1. What assets, strengths, and expertise does my organization bring to a partnership focused on walkable communities?
1. What existing programs, partnerships, and data can we contribute to this partnership?
1. What barriers and challenges do we face, with which other partners can help us?

# AARP Lunch Session:

## *Alabama Local Leaders Panel*

- AAA
- BBB
- CCC



# Walkability Audits



**TABLE 1:**

**Nick Sims**

Molly Killman

Cheyenne West

William Robbins

Phoenix Robinson

Mitch Carter

Scott Parker



**TABLE 4:**

**Amy Rauworth**

Laurie Eldridge-Auffant

Randy Stroup

Jim Plott

Howard Johnson

Alicia Powers

Wynell Bell

Lisa Thrift



**TABLE 2:**

**Candi Williams**

**Anne Hails**

Samille Jackson

LaTara Burton

April Delchamps

Ruth Brock

Beth Kenward

**TABLE 5:**

**Tom Schmid**

Rebecca Fulks

Scott Tillman

Ryan Parker

Hannah Craft

Carolyn Buck

Vickie Moore

**TABLE 3:**

**Allison Tubbs**

Waymon Benifield

Sonya Baker

Michael Kaczorowski

Rachael Leonard

Lita Waggoner

Alison Frazier

**TABLE 6:**

**Ian Thomas**

Ray Pugh

Crystal Davis

Lindsay Puckett

Dorothy Dorton

Kathe Briggs

Jonathan Smith